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What is claimed is:

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introducing an image of a pattern into a layer of energy sensitive material formed over a substrate;

developing the image to form the first pattern having features of a first size in the energy sensitive material;

reducing the size of at least a portion of the developed features having the first size by exposing the features having the first size to a liquid isotropic etchant to form features having a second size; and

transferring the pattern with the features having a second size into the underlying substrate.

- 2. The process of claim 1 wherein the image is introduced into the energy sensitive resist material by directing radiation onto a lithographic pattern mask thereby projecting an image of the mask pattern into the energy sensitive resist material.
- 3. The process of claim 1 wherein the image is introduced into the energy sensitive resist material by directly writing the pattern using a beam of radiation.
- 4. The process of claim 1 wherein the energy sensitive material is formed on an antireflection coating layer formed over a substrate.
- 5. The process of claim 4 wherein the anti-reflection coating is an inorganic anti-reflection coating.
- 6. The process of claim 5 wherein the anti-reflection coating is an inorganic dielectric material
 comprising silicon, oxygen and nitrogen.
 - 7. The process of claim 5 wherein the anti-reflection coating is formed over the substrate by chemical vapor deposition.
 - 8. The process of claim 1 wherein the layer of energy sensitive resist material is formed on a layer of polycrystalline silicon formed over the substrate.

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- 9. The process of claim 2 wherein the wavelength of the radiation directed onto the mask is selected from x-ray radiation, extreme ultraviolet radiation, 157 nm radiation, 193 nm radiation, deep ultraviolet radiation, I-line radiation and particle beam radiation.
 - 10. The process of claim 9 wherein the particle beam radiation is selected from the group consisting of ion beam radiation and electron beam radiation.
 - 11. The process of claim 1 wherein the article is a semiconductor device.
 - 12. The process of claim 1 wherein the article is an optical device.
 - 13. The process of claim 1 wherein the article is a lithographic mask.
 - 14. The process of claim 1 wherein the substrate is a semiconductor substrate on which is formed a layer of oxidized silicon.
 - 15. The process of claim 1 wherein the energy sensitive resist material is a positive energy sensitive resist material.
 - 16. The process of claim 1 further comprising baking the developed pattern before the reducing step.
 - 17. The process of claim 16 wherein the developed pattern is baked at a temperature that is below the glass transition temperature of the energy sensitive material.
 - 18. The process of claim 5 wherein the anti-reflection coating is a hardmask coating.
 - 19. The process of claim 1 wherein the energy sensitive material is formed on a hard mask coating formed over a substrate.